

What's Happening at Ashdale September 2015

Morning Stretch & Bingo Every Tuesday

Exercise every Thursday

Newspapers every Friday

Wednesday 2nd September **Bus trip out for lunch at the Jolly Sailor**

Join Gloria and co. for a meal out at lunch time. Aim to leave Ashdale
11.30/12.00

Thursday 3rd September - Bill Cole

Sing-a-long with Bill Coles to all those songs you remember well - Nursing
lounge 2.30pm

Monday 7th September

Kevin playing a few songs for us
Our own Kevin will play a selection of songs for us on the piano

Wednesday 9th September: Communion

Starting in the Lounge at 11am

Thursday 10th September: Bethel Ladies Choir

Come for a harvest service and sing along with the lovely ladies from Bethel
Nursing Lounge 2.30

Monday 14th September **: Quality Circle**

Open to all to come and have your say. Air any problems, or compliments! How
can we make things better for you? Staff, residents and family members
welcome.

Nursing lounge 11:00am

Followed by

The Lone Ranger-Clayton Moore

An afternoon dedicated to Cowboys and Indians

Hi Ho Silver

Wednesday 16th September

Reminiscing about your memories of the 1960's

Thursday 17th September

Join Susie for a full day of Foot Pampering

Monday 21st September

Celebrate the First day of Autumn with stories and Poems

Thursday 24th September

Join us for a fun filled afternoon playing skittles

Friday 25th September: Fund Raiser for Macmillan

Join us for a cup of tea and coffee and cake, open to all, raising money for the Macmillan cancer charity

15:00

Monday 28th September

An excuse for a celebration – the person who has lived in Ashdale and kept us on our toes the longest (they deserve to be celebrated!)

Tuesday 29th September

Another celebration – this time for the longest Bingo playing resident