

# What's Happening at Ashdale in October 2015

Bingo Every Tuesday

Exercise every Thursday

Newspapers every Friday

Thursday 1<sup>st</sup> October: National Cookie Day

Cookie Tasting afternoon

Friday 2<sup>nd</sup> October

World Smile Day- make someone smile

Saturday 3<sup>rd</sup> October

Quality Circle Meeting

Open to all to come and have your say. Air any problems, or compliments!  
How can we make things better for you? Staff, residents and family members  
welcome.

Nursing lounge 11:00am

**Grandparents Day**-Discuss Memories of your Grandparents

Monday 5<sup>th</sup> October: Do Something Nice Day

Think of something nice you would like to do

Tuesday 6<sup>th</sup> October: National Mad Hatter Day

Everyone wear a funny hat, bought or hand made

Thursday 8<sup>th</sup> October: National Poetry Day

A day for reading and writing poetry

Monday 12<sup>th</sup> October: Canadian Thanks Giving

Let's have a party and decorate the dining room

Tuesday 13<sup>th</sup> October: National Yorkshire Pudding Day

Try a sweet Yorkshire pudding for your afternoon tea  
Join us for a quiz for National Train Your Brain Day

Wednesday 14<sup>th</sup> October: Communion

Starting in the Lounge at 11am

## **Thursday 15<sup>th</sup> October: National Cake Decoration Day**

Join us to try your hand at decorating your own cake  
(Apologies to those who have decorated countless cakes,  
show us how it's done)

## **Friday 16<sup>th</sup> October: National Liqueur Day**

Try a Liqueur chocolate and guess what's in it

## **Wednesday 21<sup>st</sup> October: Bon Marche**

Come and update your winter wardrobe, and treat yourself!  
3.00 Nursing Lounge

## **Thursday 22<sup>nd</sup> October: National Colour Day**

Everyone wear something brightly coloured to cheer us all up, staff and  
Residents  
Start building a Guy ready for November 5th

## **Sunday 25<sup>th</sup> October**

## **CLOCKS GO BACK AN HOUR**

## **Monday 26<sup>th</sup> October**

Reminiscing about days gone by

## **Tuesday 27<sup>th</sup> October**

Halloween Bingo

## **Wednesday 28<sup>th</sup> October**

Finish building the Guy  
Chocolate tasting day- yum yum!!

## **Saturday 31<sup>st</sup> October**

**Halloween Party**